

PUBLIC GUIDE

Quick Start Guide

From download to first useful measurement

A safe first setup and a practical 15-minute workflow.

Practical instructions • Safe setup • Transparent capabilities

IndiaTVDNA Performance Monitor

indiatvdna.com

OCTOBER 2026

Documentation edition

Quick Start Guide • IndiaTVDNA

FREE EDITION APPROVED: 1.0.28 | Website: <https://indiatvdna.com>

01 / BEFORE YOU INSTALL

Five-minute readiness check

Avoid conflicts and keep a rollback option.

- ☐ Back up the WordPress database and wp-content.
- ☐ Note your current WordPress, PHP and plugin versions.
- ☐ Confirm Admin access and a working HTTPS dashboard.
- ☐ Download the ZIP provided under the correct purchased product.
- ☐ If a package contains several ZIPs, locate the WordPress-installable plugin ZIP first.

02 / INSTALLATION

Install through WordPress

01

Open WordPress Admin

Sign in to your website as an Administrator.

02

Open plugin upload

Go to Plugins > Add New Plugin > Upload Plugin.

03

Select the right file

Choose the WordPress-installable ZIP, not a bundle ZIP containing multiple ZIPs or a Python archive.

04

Install and activate

Click Install Now, then Activate Plugin. Read every warning before continuing.

05

Confirm the result

Check the plugin name/version and the Performance Monitor menu in WordPress Admin.

About paid editions

If your order supplies a separate Pro add-on, read its included setup order. The earlier Recovery Add-on was designed to work with the Free base plugin. Do not assume every Pro product uses exactly that architecture.

03 / FIRST 15 MINUTES

Your first useful diagnostic

Minute	Action	Expected output
0-3	Record the page URL and the issue.	One reproducible problem statement.
3-6	Observe baseline load and cache state.	Three measurements with same conditions.
6-10	Review hooks, queries, server or Cron.	A shortlist of possible bottlenecks.
10-13	Apply one low-risk, reversible change.	A written change record.
13-15	Measure again and compare.	Evidence of improvement, no change, or regression.

04 / EXAMPLE SCENARIOS

How to interpret the findings

01

Homepage slow

Compare cached and uncached visits. If PHP executes only on MISS, inspect server-side time before blaming static assets.

02

Slow WooCommerce page

Check cart/login cache bypass and WooCommerce operations before considering full-page cache changes.

03

Admin dashboard slow

Look for admin hooks, queued scheduled tasks and database activity on a staging replica.

04

Cron warnings

Identify overdue recurring jobs; verify host scheduling without forcing every event at once.

Act on evidence, not one score

- Run repeat measurements to reduce noise.
- Change one variable at a time.
- Never disable security, backup or payment features merely to boost a score.
- Use staging for risky changes; keep a rollback record.
- Keep third-party integrations off until you have reviewed credentials, privacy and cost.

Need help?

Record the installed version, WordPress/PHP versions, one affected URL, redacted logs and the steps to reproduce. Use the support channel shown on indiatvdna.com.

Reference & edition note

This educational PDF follows the documented Free v1.0.28 release and earlier reported optional recovery architecture. It is not a substitute for verifying the purchased paid ZIP, license entitlement or live site compatibility. Confirm actual package contents and current support terms with indiatvdna.com.